



WITH
SIMON KENWRIGHT
ANDY HIX
CO-FOUNDERS

THRIVING CULTURES

TRANSFORMING WELLBEING, ENGAGEMENT AND PERFORMANCE

AN IN-ROUNDER

A dramatic sky with purple and blue clouds, lightning bolts, and a dark mountain silhouette. The text "WE'RE LIVING THROUGH A TIME OF PROFOUND DISRUPTION" is overlaid in the center.

WE'RE LIVING THROUGH A TIME OF PROFOUND DISRUPTION

A woman with long brown hair, wearing a black blazer over a white shirt, is sitting at a wooden desk. She has her right hand pressed against her forehead, looking down with a distressed expression. In front of her is a silver laptop, a white mouse, and a pair of glasses. The scene is dimly lit, suggesting an office environment at night or in low light.

THE IMPACT ON ORGANISATIONS



OUR IMPACT

- Greater wellbeing
 - 43% greater sense of purpose
 - 30% lower stress levels
- Increased engagement
 - 57% higher engagement
- Improved performance
 - 81% clients report improved financial performance

SESSION OVERVIEW

We'll explore:

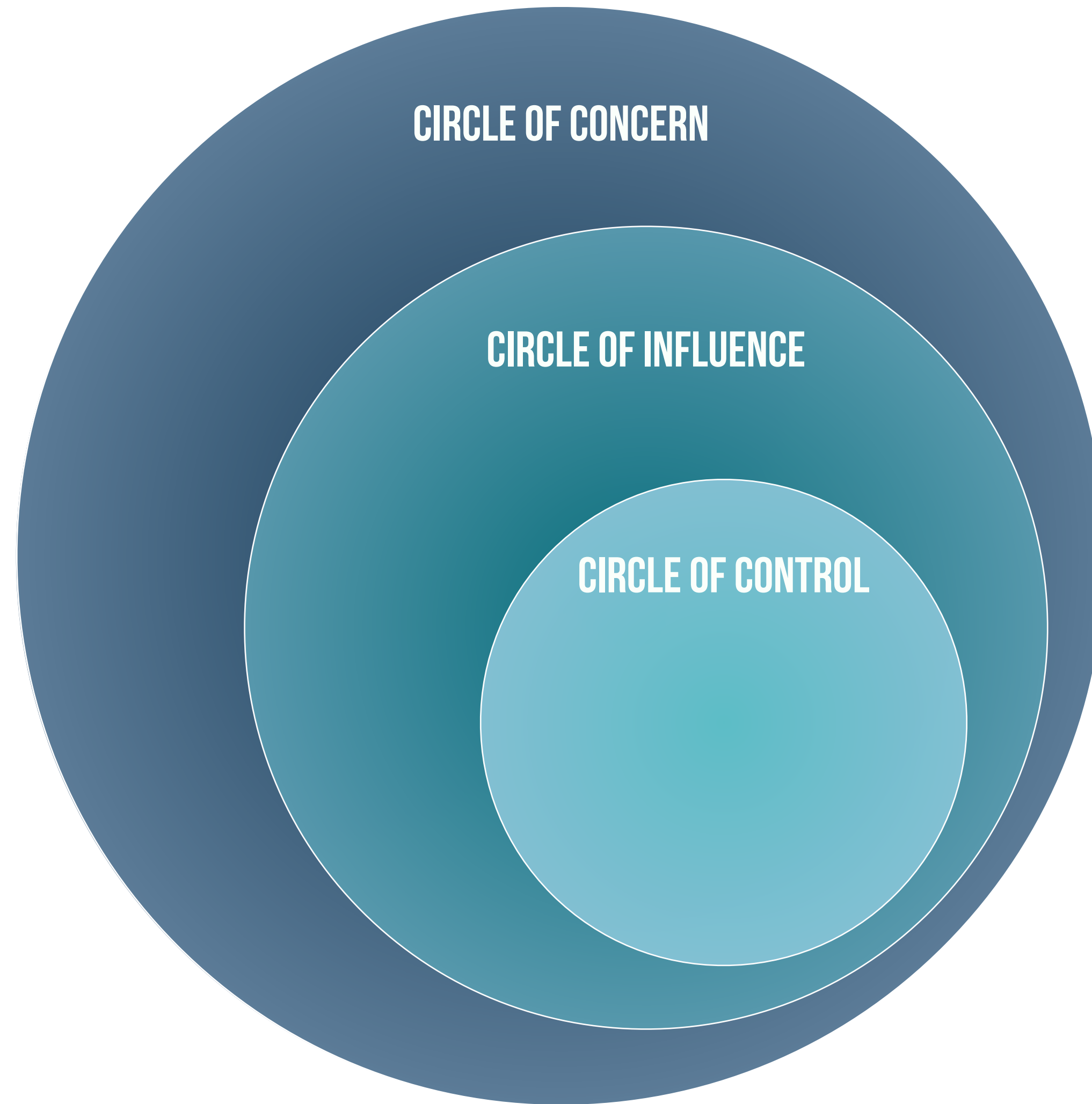
- The impact that cultural challenges are having on your organisation
- The secret to building a sustainable, successful culture
- A case study on the impact of our approach for one client
- Strategies for how to get started on the path to success
- Q&A



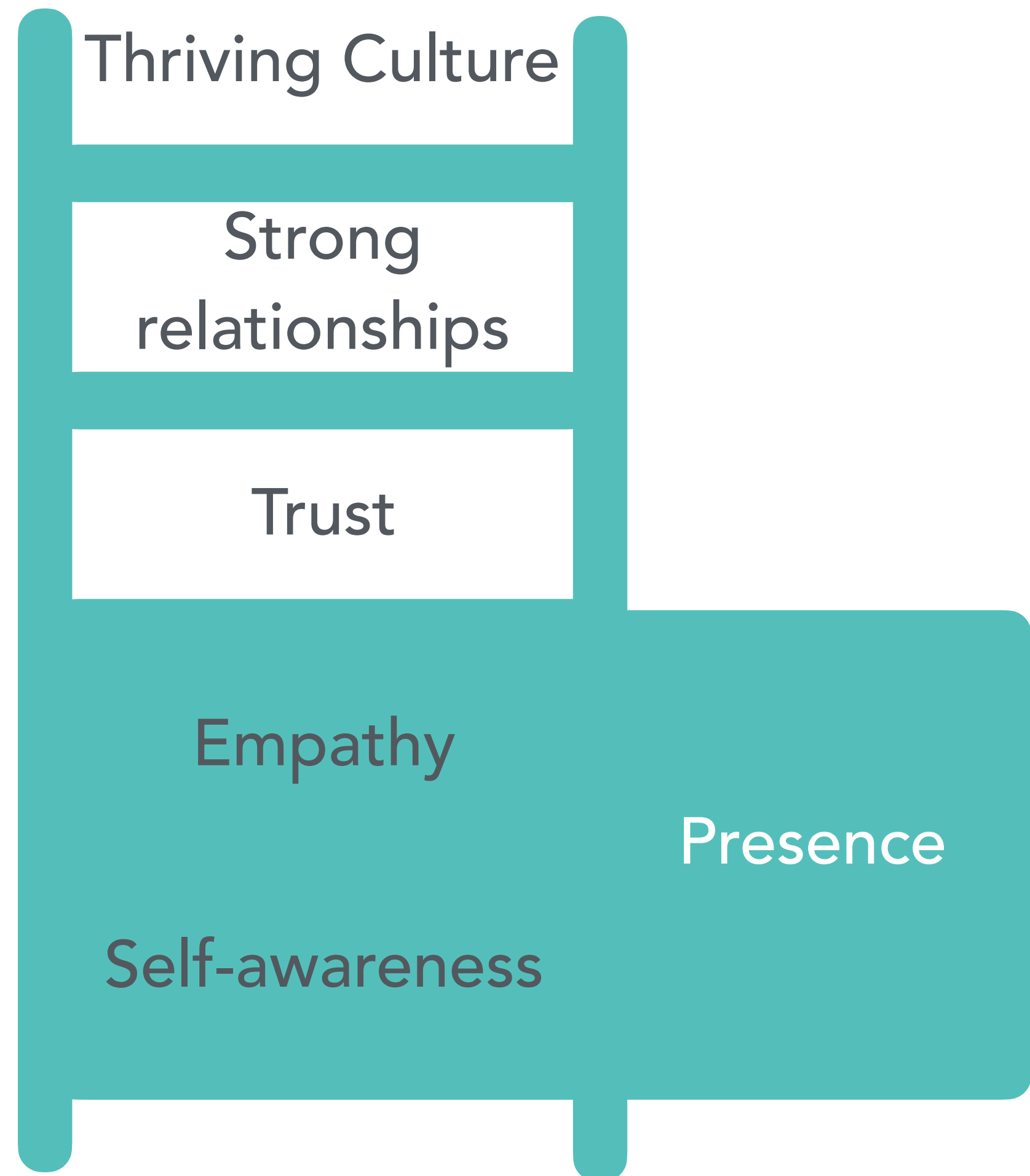


**WHAT IS YOUR BIGGEST CULTURAL
CHALLENGE AND WHAT IMPACT IS IT
HAVING?**

FOCUSING ON WHAT YOU CAN CHANGE



HOW TO CREATE A THRIVING CULTURE



“The success of an intervention depends on the inner condition of the intervener”
— *Bill O’Brien*

WHAT'S KEEPING US STUCK



BUILDING SELF AWARENESS

92% of leaders believe **Self-awareness** to be the **most important skill** to develop.

Self-awareness training can lead to a **32% increase in leadership effectiveness.**

Only 10 - 15% of us are self-aware.

- improved emotional regulation
- more resilient - less stress and anxiety
- greater self-compassion
- better sleep
- increased focus
- less reactive
- more aware of triggers
- greater life satisfaction
- more authentic relationships

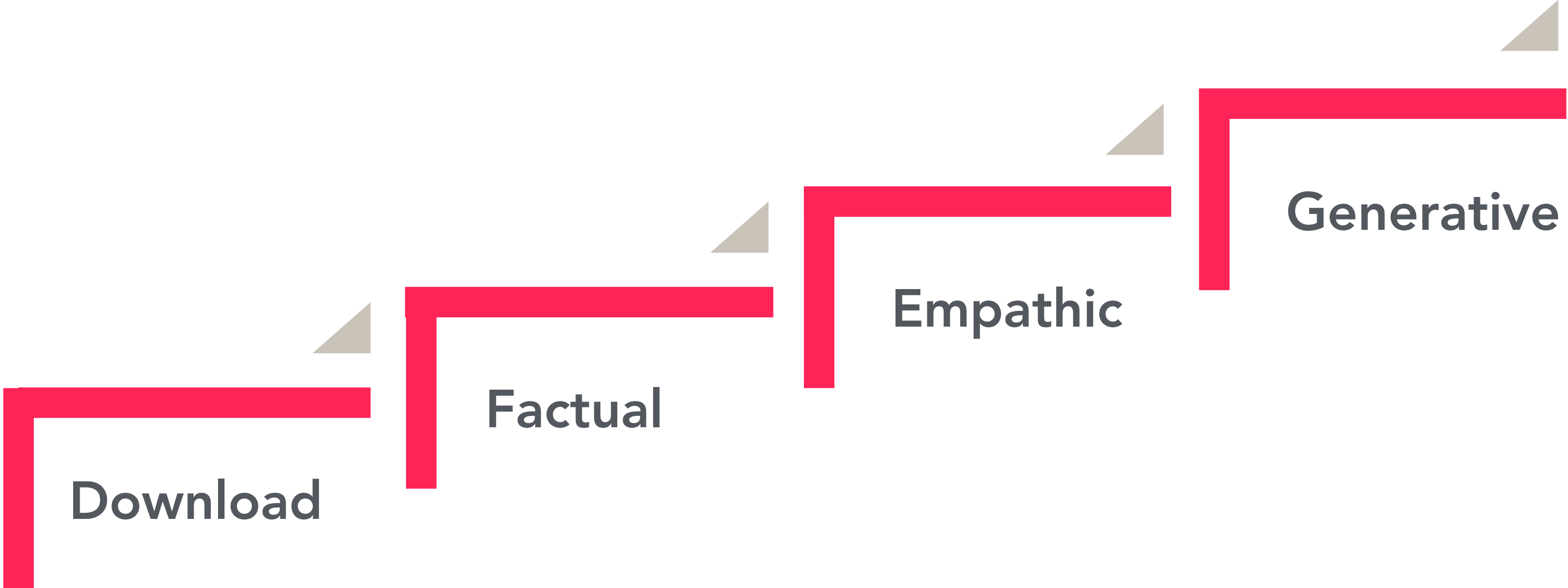


CONNECTING TO SELF

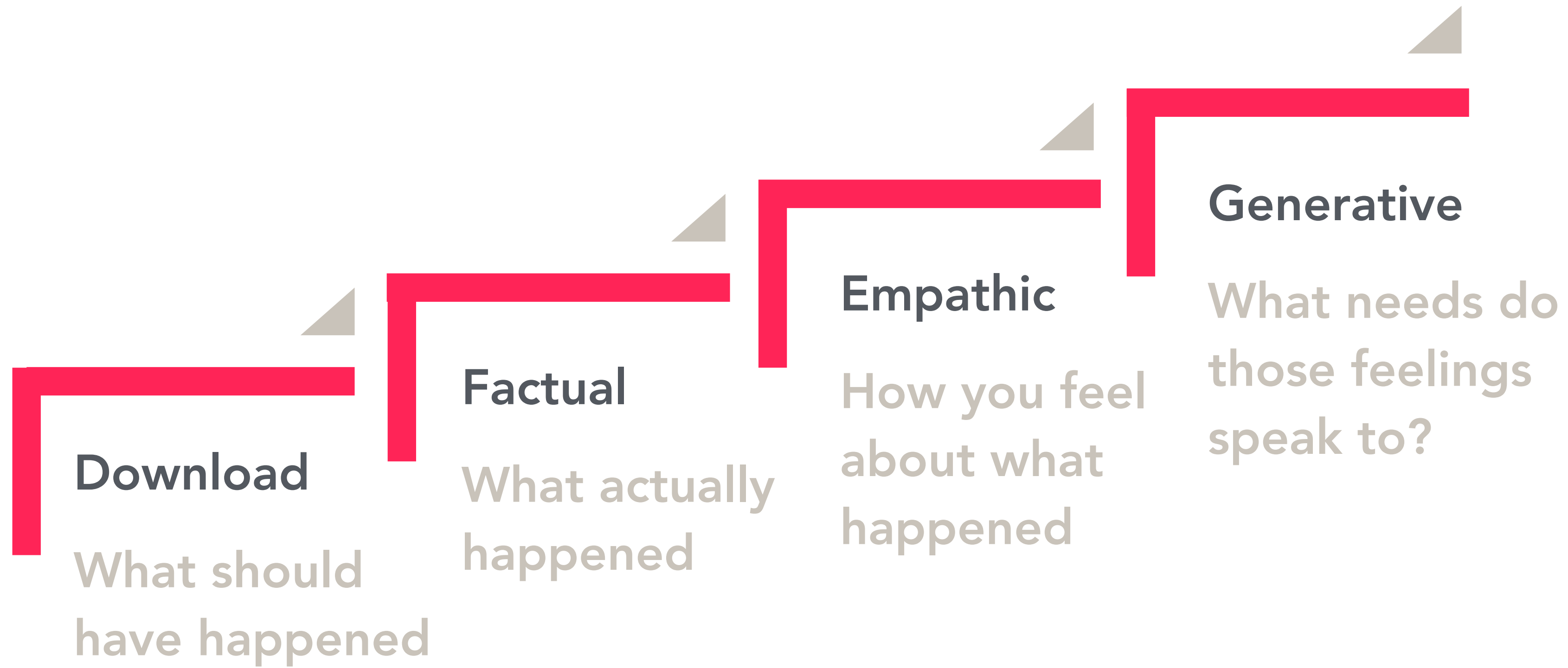


CONNECTING TO OTHERS

ENHANCED LISTENING SKILLS



MINING FOR NEEDS





**IF YOUR TEAMS HAD GREATER PRESENCE,
FOR THEMSELVES AND EACH OTHER, WHAT
WOULD THE IMPACT BE?**

PERSONAL BENEFITS

- Greater self-understanding & resilience
- Better work-life balance
- Increased job satisfaction and motivation
- Growth mindset - better problem-solving & creativity
- Better at managing stress and anxiety
- Improved health and vitality

INTERPERSONAL BENEFITS

- Greater sense of inclusion
- Deeper empathy and support
- Greater trust and commitment
- Better collaboration
- Stronger relationships
- More innovative teams

ORG BENEFITS

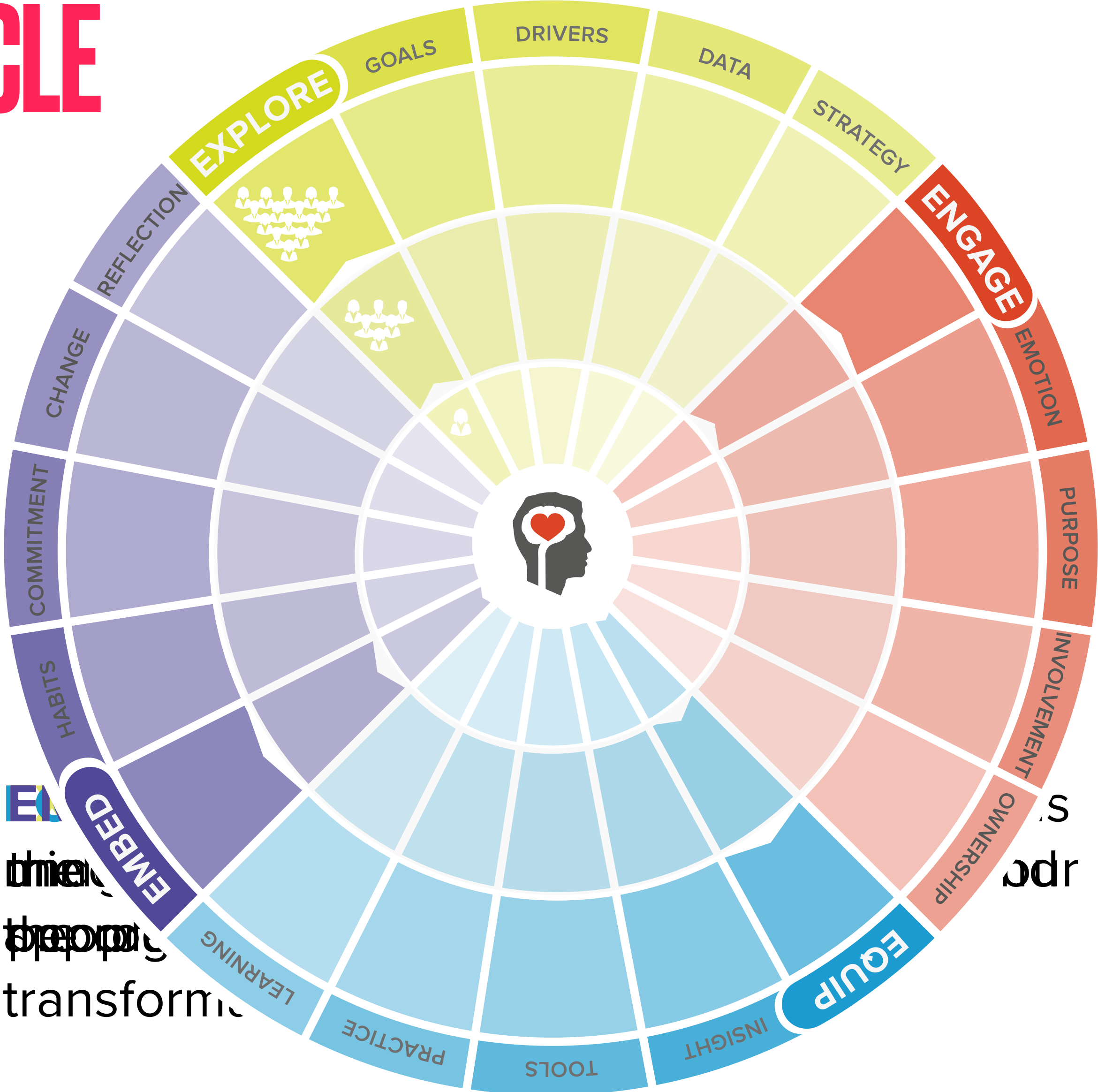
Employees who report to an empathic manager:

- are 15.4 x more likely to be high performers
- are 36% more engaged
- experience a 36% decrease in stress
- are 3.2x more likely to have high intent to stay
- have 12.5% higher physical and mental well-being





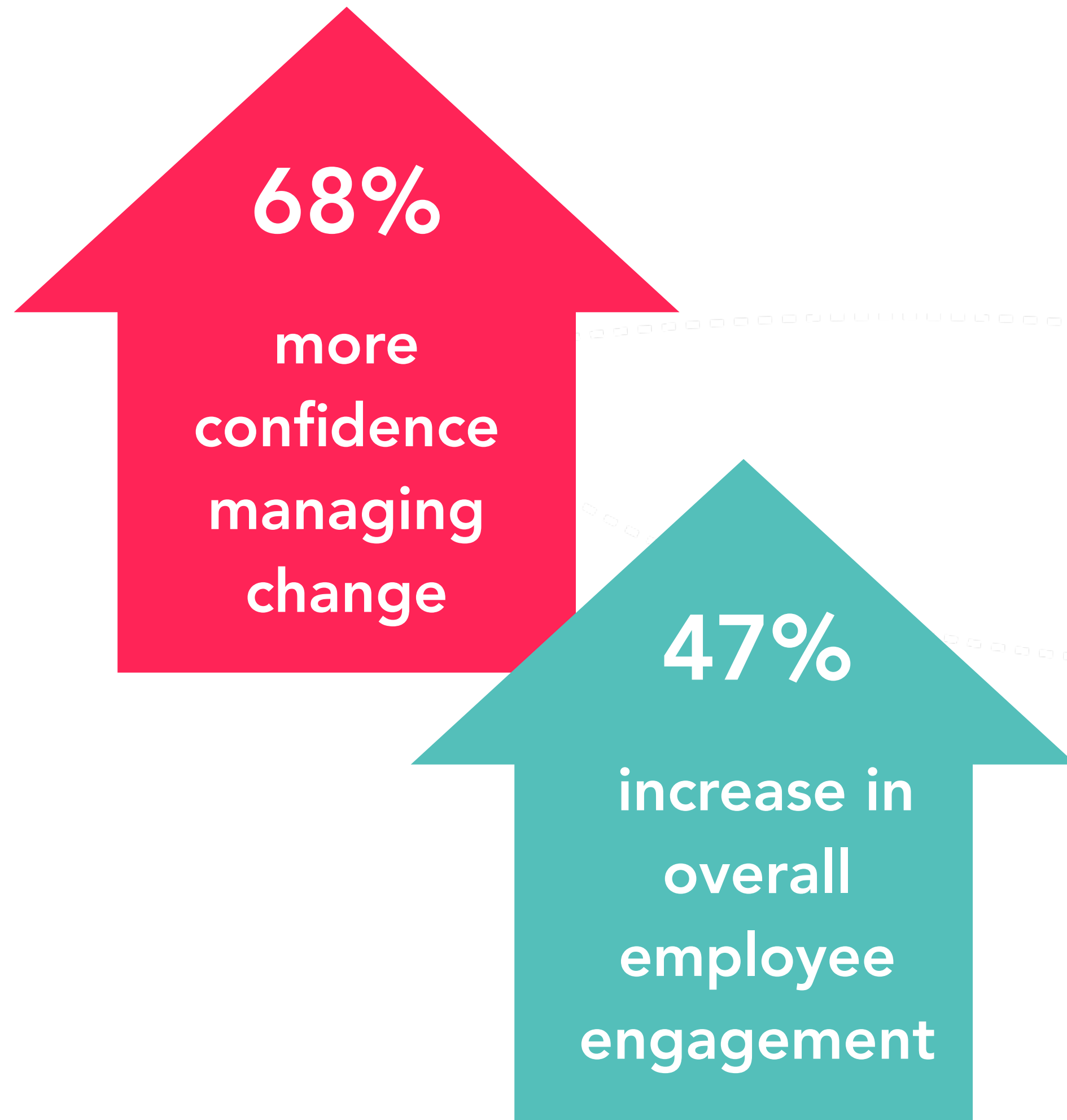
THE THRIVE CYCLE




 thier
 the
 transform

S
 dr

THE IMPACT



"Thanks so much for all your support in helping us create lasting culture change. You really got under the skin of the organisation."
— *Kate Douglas,*
HR Director, Clear Channel UK

SOME OF OUR CLIENTS

Imperial College
London



OPEN SOCIETY
FOUNDATIONS

Home Office



QINETIQ

Coca-Cola

itv

Deloitte.

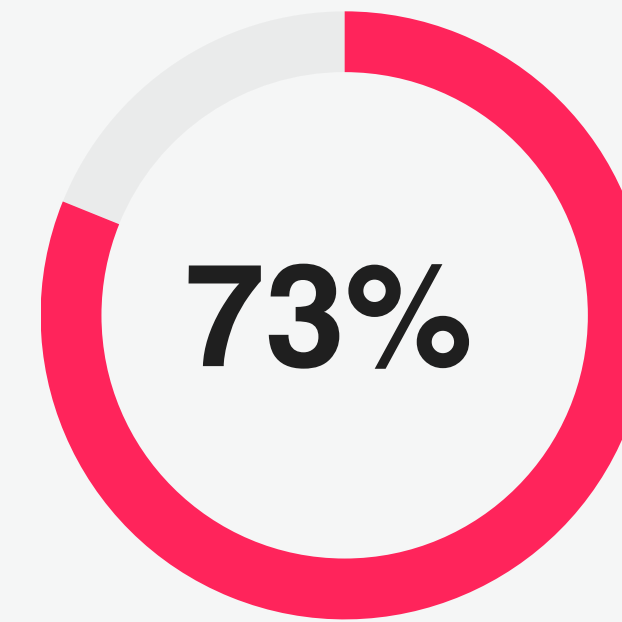
sky

global

LLOYDS BANK

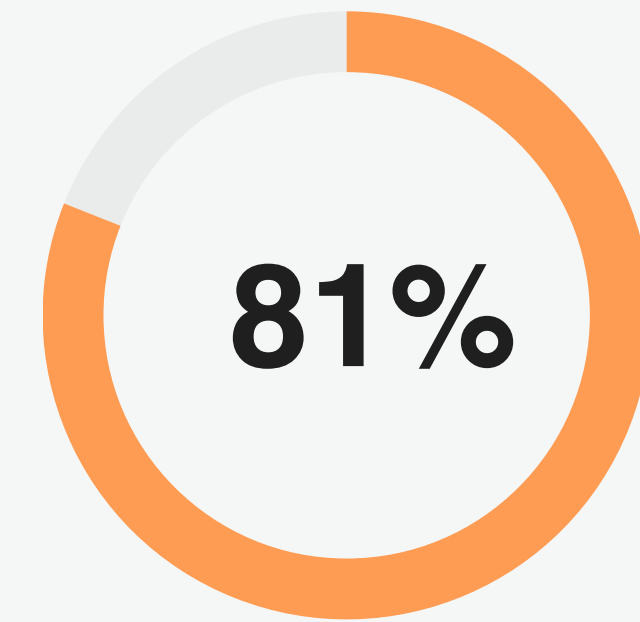


CREDIT SUISSE



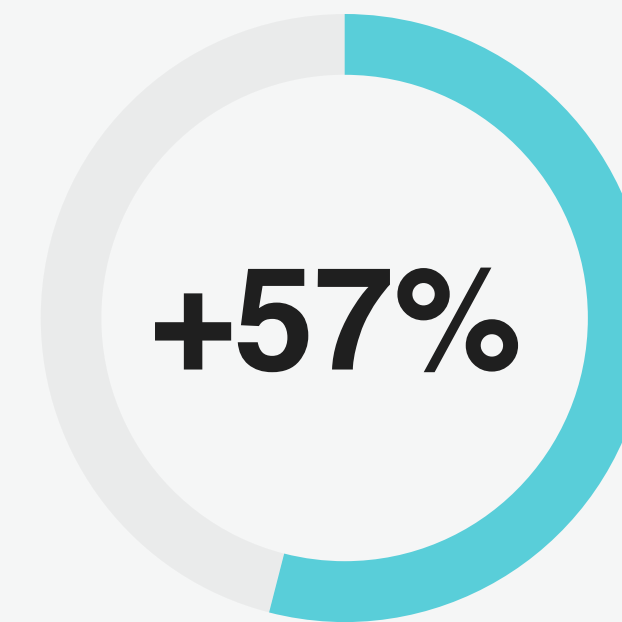
INCREASED WELLBEING

73% of participants reported significantly improved wellbeing or resilience as a result of our work



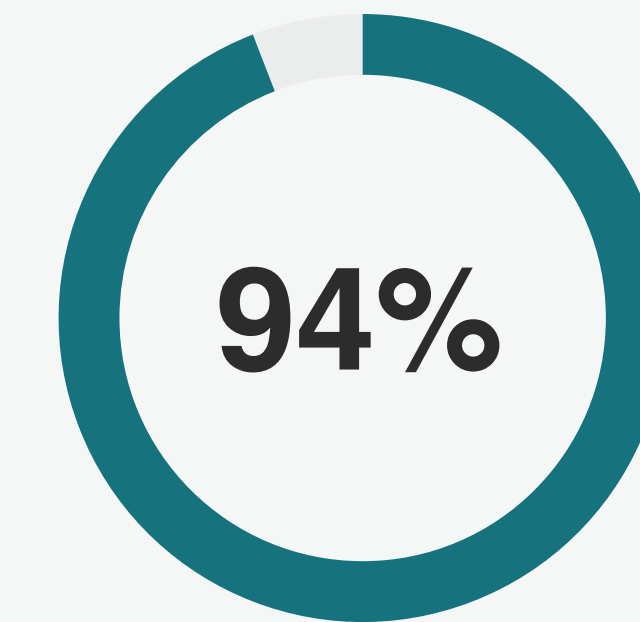
FINANCIAL PERFORMANCE

Clients reporting a direct correlation between our support and their improved financial performance.



ENGAGEMENT

Employee engagement scores typically increase by approx 52% as a result of our work.



FEELING THE BENEFITS

94% of attendees report good or great benefits from our programmes.



SO HOW CAN WE HELP?



THRIVING CULTURES | COACHING CIRCLE

A monthly online coaching circle for INGO CEOs and senior leaders of people and culture eager to find simple, powerful ways to improve their culture.

The benefits include:

- Support to resolve tough challenges
- Development of generative listening skills
- Opportunity to deepen relationships and pool expertise
- Regular touchpoint to help you develop stronger, more impactful organisations
- Renewed confidence and focus

COST:

£75 pp per session
3 month commitment
Money-Back Guarantee

WHEN:

First Wednesday
9 -10:30AM
Second Tuesday
4-5:30PM

Starts July 3rd

**THRIVING
PEOPLE**

THRIVING CULTURES | ONE-DAY LEADERSHIP WORKSHOP

An in-person workshop for INGO CEOs and senior leaders of people and culture who are eager to find simple, powerful ways to improve their culture.

The benefits include:

- A viable transformation roadmap that mitigates barriers to success
- A bespoke case for change
- Simple ideas to transform how you communicate
- A greater sense of clarity and confidence
- The strategy and tools to create a stronger, more impactful organisation

WHEN?

**19th September
24th September**

WHERE:

Central London

COST:

**£650 (members)
£850 (non-
members)**

Special Offer: Sign up for the one-day workshop before 23rd June to receive complimentary access to the first three months of Coaching Circle.

**THRIVING
PEOPLE**

Q&A



CONTACT US

WWW.THRIVINGPEOPLE.ORG



ADDRESS

18 How's Street, London E2



E-MAIL

Hello@ThrivingPeople.org



TELEPHONE

Direct: + 44 (0)7545 249585

© 2024 Thriving People Worldwide

Company Number: 13917106